

# Freelance Counsellor/ Therapist



**Part Time:** up to 5 client sessions per week, flexible hours

**Rate:** £25 per client session

**Job Title:** Freelance Therapist

**Reports to:** Therapeutic Services' Coordinator

## Purpose of Job

To be responsible for provision of individual therapy sessions to service users.

To ensure ethical practice according to BACP guidelines and Survivors' Network policies and procedures.

Completing notes and administrative duties on a weekly basis as required.

To actively engage in collection of client data for the monitoring systems, CORE.

## Overall Objective

To deliver high quality, effective and safe counselling provision to self-identified female survivors of sexual violence.

## Duties

To provide trauma-appropriate individual counselling/therapy to survivors.

To attend fortnightly clinical group supervision.

To attend bi-monthly therapy service meetings.

To complete and store confidential notes according to Survivors' Network policies.

To complete administrative duties on a weekly basis and as required.

To actively engage, on a weekly basis, in collection of client data for the monitoring systems, namely CORE.

To conduct assessment of service users.

To communicate, when necessary, with the therapeutic services coordinator.

To maintain up to date knowledge on issues relevant to the provision of therapeutic services and the violence against women field.

To develop and maintain up to date knowledge on the provision of 'pre-trial therapy'.

To be aware of and act in accordance with Survivors' Network policies and procedures, with particular reference to safeguarding policies.

To be aware of the relevance of the Empowerment Model (the Rape Crisis model of effective support for survivors) in supporting survivors.

To be committed to personal and professional development and undertake relevant training and CPD.

To support, promote and work in accordance with Survivors' Network's aims and objectives.

**No job description can cover every issue which may arise within the post at various times and the post holder is expected to carry out other duties from time to time which are broadly consistent with those in this document.**

<b>Person Specification</b>		
		<b>Essential &amp; Desirable Criteria</b>
<b>Qualifications and experience</b>	A recognised Diploma or Degree in counselling/ psychotherapy	E
	Current clinical practice	E
	Membership of, and eligible for accreditation and/or registration by, BACP or UKCP	E
	Qualification in EMDR (or in training)	D
	Experience of delivering clinical assessments	D
	Experience of maintaining confidential case notes	E
	Excellent written and oral communication skills	D
	Post-qualification clinical experience demonstrating clinical practice working with trauma childhood sexual abuse/sexual abuse/violence	E
	Extensive experience of working with clients with complex presentations	E
Experience of supporting vulnerable witnesses/pre-trial clients	D	

<b>Knowledge</b>	<p>In-depth knowledge and understanding of violence against women and children</p> <p>Knowledge and understanding of the specific issues facing survivors of sexual violence</p> <p>Understanding of the empowerment model and how it relates to work with survivors of sexual violence</p> <p>Knowledge of pre-trial therapy guidelines for vulnerable witnesses</p> <p>An understanding of working in the voluntary sector</p> <p>Understanding of ethical issues as defined by BACP/UKCP/other relevant accredited body</p> <p>Knowledge of child and vulnerable adult protection procedures</p> <p>Understanding of data protection and clear boundaries around confidential working practices</p>	<p>E</p> <p>E</p> <p>E</p> <p>E</p> <p>D</p> <p>E</p> <p>E</p> <p>E</p>
<b>Skills/Attributes</b>	<p>Excellent interpersonal skills</p> <p>Ability to work as part of a team</p> <p>Self-motivated and committed to personal development</p> <p>Clear focus on delivering high quality services</p> <p>Ability to critically assess own performance and engage in reflective practice</p> <p>Ability to function effectively in high-pressured situations</p> <p>Ability to think creatively and show initiative</p> <p>Computer literacy</p>	<p>E</p> <p>E</p> <p>E</p> <p>E</p> <p>E</p> <p>D</p> <p>D</p> <p>E</p>

<b>Values and Attitudes</b>	Commitment to improving the lives of women who have experienced sexual violence	Assessed at interview
	Clear boundaries around confidential working practices	Assessed at interview
	Commitment to the aims and objectives of Survivors' Network	Assessed at interview
	Committed to promoting equal opportunities	E
	Committed to self-care	E
	Commitment to anti-discriminatory practice	E
	High level of self-motivation	E
	Commitment to a feminist ethos	Assessed at interview
	Reliable and trustworthy	Assessed by reference
	Efficient and punctual	Assessed by reference