



Job Description

Survivors' Network Vision

Uniting to confront sexual violence, abuse and harassment so that no one has to face the impacts alone

Survivors' Network Mission

- Delivering accessible, survivor-centred services across Sussex
- Empowering our communities to stand up against sexual violence, abuse and harassment through education, training and campaigning
- Demonstrating and advocating for intersectional feminist leadership

Job Title	Freelance Sessional Therapist
Reports to	Therapeutic Services Co-ordinator
Location	Central Brighton and online
Hours	Minimum of 5 – maximum of 8 clients/week
Pay Scale	£25/ session
Date issued	22/04/2021

Job Purpose

To deliver high quality, effective and safe counselling provision to self-identified female survivors of sexual violence.

To be responsible for provision of individual therapy sessions to service users.

To ensure ethical practice according to BACP guidelines and Survivors' Network policies and procedures.

Completing notes and administrative duties on a weekly basis as required.

To actively engage in collection of client data for the monitoring systems, CORE.

Duties and Responsibilities

To provide trauma-appropriate individual counselling/therapy to survivors.

To attend fortnightly clinical group supervision.

To attend monthly service meetings.

To complete and store confidential notes according to Survivors' Network policies.



- To complete administrative duties on a weekly basis and as required.
- To actively engage, on a weekly basis, in collection of client data for the monitoring systems, namely CORE and DPMS.
- To conduct initial assessment of service users.
- To communicate, when necessary, with the Therapeutic Services Co-ordinator.
- To maintain up to date knowledge on issues relevant to the provision of therapeutic services and the violence against women field.
- To develop and maintain up to date knowledge on the provision of 'pre-trial therapy'.
- To be aware of and act in accordance with Survivors' Network policies and procedures, with particular reference to safeguarding policies.
- To be aware of the relevance of the Empowerment Model (the Rape Crisis model of effective support for survivors) in supporting survivors.
- To be committed to personal and professional development and undertake relevant training and CPD.
- To support, promote and work in accordance with Survivors' Network's aims and objectives.

Person Specification

Assessment Area	Criteria	Desirable (D) / Essential (E)	Method of Assessment (*A,I,T)
Qualifications	A recognised Diploma or Degree in counselling/ psychotherapy	E	A
	Registration (or working towards accreditation) by, BACP or UKCP and/or equivalent	E	A
	Post-qualification clinical experience demonstrating clinical practice working with trauma childhood sexual abuse/sexual abuse/violence	E	A, I
	Qualification in EMDR (or in training)	D	A
Role Specific Skills & Experience	Current clinical practice	E	A, I
	Extensive experience of working with clients with complex presentations	E	A, I
	Experience of maintaining confidential case notes	E	A, I
	Knowledge and understanding of the specific issues facing survivors of sexual violence	E	A, I
	Understanding of the empowerment model and how it relates to work with survivors of sexual violence	E	A, I
	In-depth knowledge and understanding of violence against women and children	E	A, I

	Knowledge and understanding of phased trauma work	E	A, I
	Knowledge of pre-trial therapy guidelines for vulnerable witnesses	E	A, I
	Knowledge of child and vulnerable adult protection procedures	E	A, I
	Understanding of data protection and clear boundaries around confidential working practices	E	A, I
	Experience of delivering clinical assessments	D	A, I
	Awareness of and training in mental health issues affecting survivors of trauma, and comorbid conditions	D	A, I
	Experience of supporting vulnerable witnesses/pre-trial clients	D	A, I
General Skills and Professional Behaviours	Excellent interpersonal skills	E	I
	Committed to personal development and having the ability to critically assess own performance and engage in reflective practice	E	A, I
	Excellent written and oral communication skills	D	A, I
	Self-motivated and focused on delivering high quality services with an ability to function effectively in high-pressure situations	E	A, I



	Commitment to self-care and maintaining appropriate professional boundaries	E	A, I
	Ability to think creatively and show initiative	D	A, I
	Commitment to the vision, mission and values of Survivors' Network	E	A, I
	Commitment to anti-discriminatory practice, equal opportunities and an intersectional understanding of feminism	E	A, I
	Ability to work as part of a team	E	A, I
	Clear boundaries around confidential working practices	E	A, I
	An understanding of working in the voluntary sector	D	A, I
Special Requirements	Availability to work with clients online - from home - and face to face, in our office in Central Brighton	E	A, I

***A** Application; **I** Interview; **T** Test