



Survivors' Network

POST DETAILS PACK

Freelance Sessional Therapist

**Part Time: minimum of 5 - maximum of 8 clients per week
(negotiable)**

Rate: £27 per client session

SN is an equal opportunities employer
This post is open to female applicants only as being female is deemed to be a genuine occupational requirement under Schedule 9, Paragraph 1 of the Equality Act 2010.
All posts require an enhanced DBS Disclosure

Job Description

JOB TITLE: Freelance Sessional Therapist

BASED: central Brighton and online

REPORTS TO: Adult Therapeutic Services Co-ordinator

Purpose of Job

To be responsible for provision of individual therapy sessions to service users.

To ensure ethical practice according to BACP guidelines and Survivors' Network policies and procedures.

Completing notes and administrative duties on a weekly basis as required.

To actively engage in collection of client data for the monitoring systems, CORE.

Overall Objective

To deliver high quality, effective and safe counselling provision to self-identified female survivors of sexual violence.

Duties

To provide trauma-appropriate individual counselling/therapy to survivors.

To attend fortnightly clinical group supervision.

To attend monthly service meetings.

To complete and store confidential notes according to Survivors' Network policies.

To complete administrative duties on a weekly basis and as required.

To actively engage, on a weekly basis, in collection of client data for the monitoring systems, namely CORE, Cliniko and DPMS.

To conduct initial assessment of service users.

To communicate, when necessary, with the Adult Therapeutic Services Manager.

To maintain up to date knowledge on issues relevant to the provision of therapeutic services and the violence against women field.

To develop and maintain up to date knowledge on the provision of 'pre-trial therapy'.

To be aware of and act in accordance with Survivors' Network policies and procedures, with particular reference to safeguarding policies.

To be aware of the relevance of the Empowerment Model (the Rape Crisis model of effective support for survivors) in supporting survivors.

To be committed to personal and professional development and undertake relevant training and CPD.

To support, promote and work in accordance with Survivors' Network's aims and objectives.

No job description can cover every issue which may arise within the post at various times and the post holder is expected to carry out other duties from time to time which are broadly consistent with those in this document.

Essential Criteria	Assessed by
A recognised Diploma or Degree in counselling/ psychotherapy Current clinical practice Registration, accredited (or working towards accreditation) by BACP or UKCP and/or equivalent Experience of maintaining confidential case notes Extensive experience of working with clients with complex presentations Post-qualification clinical experience demonstrating clinical practice working with trauma childhood sexual abuse/sexual abuse/violence In-depth knowledge and understanding of violence against women and children Knowledge and understanding of the specific issues facing survivors of sexual violence Understanding of the empowerment model and how it relates to work with survivors of sexual violence Knowledge of pre-trial therapy guidelines for vulnerable witnesses Knowledge of child and vulnerable adult protection procedures Understanding of data protection and clear boundaries around confidential working practices Excellent interpersonal skills Ability to work as part of a team	Application Form and Interview

<p>Self-motivated and committed to personal development</p> <p>Clear focus on delivering high quality services</p> <p>Ability to critically assess own performance and engage in reflective practice</p> <p>Computer literacy</p> <p>Commitment to improving the lives of women who have experienced sexual violence</p> <p>Clear boundaries around confidential working practices</p> <p>Commitment to the aims and objectives of Survivors' Network</p> <p>Committed to promoting equal opportunities</p> <p>Committed to self-care</p> <p>Commitment to anti-discriminatory practice</p> <p>High level of self-motivation</p> <p>Commitment to a feminist ethos</p> <p>Reliable and trustworthy</p>	
Desirable Criteria	Assessed by
<p>Qualification in EMDR (or in training)</p> <p>Experience of delivering clinical assessments</p> <p>Awareness of and training in mental health issues affecting survivors of trauma, and comorbid conditions</p> <p>Excellent written and oral communication skills</p> <p>Experience of supporting vulnerable witnesses/pre-trial clients</p> <p>An understanding of working in the voluntary sector</p> <p>Ability to function effectively in high-pressured situations</p> <p>Ability to think creatively and show initiative</p>	<p>Application Form and Interview</p>