

Survivors' Network

Annual Accounts

2021–2022





Vision

Uniting to confront sexual violence, abuse and harassment so that no one has to face the impacts alone.

Mission

- Delivering accessible, survivor-centred services across Sussex
- Empowering our communities to stand up against sexual violence, abuse and harassment through education, training and campaigning
- Demonstrating and advocating for intersectional feminist leadership

Values



We are compassionate

We hear, we listen, and we believe survivors. We take care of ourselves so that we can support others. We set boundaries and we uphold them too, while always striving to understand the needs and perspectives of our communities.



We are empowering

We create space for all voices to be heard. We lift each other up and believe that we're all leaders. We understand the importance of communication and feel confident to challenge and to ask questions. We're transparent and take ownership of our decisions, even the difficult ones.



We are collaborative

We're stronger together, so we work with others to build valuable relationships. Many of us are survivors ourselves and survivor voices are woven into everything we do. We're constantly learning, understanding our own privileges and seek to dismantle bias and discrimination both within and outside our organisation.



We are brave

We seek out new ideas and speak up for our beliefs. With the courage to try new ways of doing things, we learn and unlearn as we go. Our feminist leadership empowers us to be creative and innovative, celebrating our successes and learning from our mistakes.

Survivors' Network is the Rape Crisis Centre for Sussex.

Here is a snapshot of our work in 2021-22:

Referrals and demand



1,706

referrals across our services

+117% from 2020-21



1,847

clients supported

+74% from 2020-21

// Thank you for listening, for understanding for not judging, for seeing the person behind all of this, for not giving up on me, for putting up with my sorrys, just for everything. I couldn't have done this alone. I'm not sure I would have had any strength or resilience if I didn't have your support. As someone that finds it hard to trust and to open up, you broke down some of the barriers, and for that I will be forever grateful. //

Adult Counselling

107

clients supported

2,075

sessions

246

referrals

105

assessments



Children and Young People's Service

155

new referrals

352

existing clients



// Survivors' Network have been absolutely amazing, their counsellors are the BEST people I've ever worked with. //

The Welcome Team



1,444

adult referrals



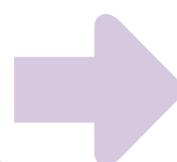
262

referrals of children and young people



836

initial assessments



709 adults

102 young people

25 children

Helpline & email support



221
contacts to
this service



5 days
volunteer training
programme
4 days in 2020-21



10
new Helpline
and Groupwork
volunteers trained

// I really valued the initial support over the phone, so thank you. It's great to know there is a helpline as I have found some days extremely lonely in this process. I have a couple of friends who are open to talking, but it is still hard to explain, and you're not sure how far they really understand your feelings. //



Groupwork



We have provided peer support groups, self-care groups and Trauma Sensitive Mindfulness

// I can't fully put into words how helpful and supportive you have been throughout this process. From the moment you reached out to me things became far more understandable and do-able. Thank you so so much. //

Adult Independent Sexual Violence Advisors (ISVA)



389
clients
supported



146
referrals

Business Development Team

£43,866

fundraising
income raised
£18,927 in 2020-21



900+

people trained



Survivors'
Network

We are the Rape Crisis Centre for Sussex
Supporting survivors of sexual violence,
abuse and harassment across Sussex.



www.survivorsnetwork.org.uk

01273 203380

info@survivorsnetwork.org.uk

Registered charity no.1144878 | Ltd. Company no. 07780363