



Job Description

Survivors' Network Vision

Uniting to confront sexual violence, abuse and harassment so that no one has to face the impacts alone

Survivors' Network Mission

- Delivering accessible, survivor-centred services across Sussex
- Empowering our communities to stand up against sexual violence, abuse and harassment through education, training and campaigning
- Demonstrating and advocating for intersectional feminist leadership

Job Title	Freelance Sessional Therapist
Reports to	Adult Therapeutic Services Manager
Location	Central Brighton
Hours	Up to 8 clients/week plus 1 hour case review supervision & 2 hours Clinical Supervision fortnightly
Pay Scale	£40/ client session
Date issued	4th August 2026

Job Purpose

To deliver high quality, effective and safe therapeutic provision to women and gender diverse survivors of sexual violence.

To be responsible for provision of individual therapeutic support sessions to service users.

To ensure ethical practice according to BACP guidelines and Survivors' Network policies and procedures.

Completing notes and administrative duties on a weekly basis as required.

To actively engage in collection of client data for the monitoring systems, CORE.

Duties and Responsibilities

To provide trauma-appropriate individual therapeutic support to survivors.

To attend fortnightly clinical group supervision.

To attend monthly 30 minute case review supervision.

To complete and store confidential notes according to Survivors' Network policies.

To complete administrative duties on a weekly basis and as required.

To actively engage, on a weekly basis, in collection of client data for the monitoring systems, namely CORE and DPMS.

To conduct initial assessment of service users.

To communicate, when necessary, with the Adult Therapeutic Services Manager.

To maintain up to date knowledge on issues relevant to the provision of therapeutic services and the violence against women and girls field.

To develop and maintain up to date knowledge on the provision of 'pre-trial therapy'.

To be aware of and act in accordance with Survivors' Network policies and procedures, with particular reference to safeguarding policies.

To be aware of the relevance of the Empowerment Model (the Rape Crisis model of effective support for survivors) in supporting survivors.

To be committed to personal and professional development and undertake relevant training and CPD.

To support, promote and work in accordance with Survivors' Network's aims and objectives.

Person Specification

Assessment Area	Criteria	Desirable (D) / Essential (E)	Method of Assessment (*A,I,T)
Qualifications & Experience	A recognised Diploma or Degree in counselling/ psychotherapy	E	A
	Accreditation or working towards accreditation) by, BACP or UKCP and/or equivalent	E	A
	3 years Post-qualification clinical experience demonstrating clinical practice working with trauma childhood sexual abuse/sexual abuse/violence	E	A, I
	Qualification in EMDR (or in training)	D	A
Role Specific Skills & Experience	Current clinical practice	E	A, I
	Extensive experience of working with clients with complex presentations	E	A, I
	Experience of maintaining confidential case notes, founded in a working understanding of data protection and confidential working practices	E	A, I
	Knowledge and understanding of the specific issues facing survivors of sexual violence	E	A, I
	Understanding of the empowerment model and how it relates to work with survivors of sexual violence	E	A, I
	Knowledge of safeguarding procedures and experience of working with people who may be at risk of harm	E	A, I
	Experience of delivering clinical assessments	E	A, I



General Skills and Professional Behaviours	Commitment to the vision, mission and values of Survivors' Network	E	A,I
	Committed to personal development and having the ability to critically assess own performance and engage in reflective practice	E	A, I
Special Requirements	Availability to work with clients in-person, in our offices in Central Brighton, and online	E	A, I

***A** Application; **I** Interview; **T** Test